28 December 2021

School Reference No: JWSS/2021/1260

Dear Parents/Guardians

Start of School Activities - L.I.F.E.@JW 2022 (Secondary Four/Five)

- 1. We would like to inform you that the Start of School Programme, titled Launch, Ignite, Flourish, Excellence at Jurong West Secondary School (L.I.F.E. @ JW 2022), will be conducted for your child/ward in the first week of school.
- 2. The objectives of L.I.F.E. @ JW 2022 (Secondary Four/Five) are to:
 - equip graduating students with effective time and stress management skills so as to adequately prepare them for their post-secondary progression, and
 - ii) strengthen graduating students' mental well-being through various class bonding activities
- 3. The details of the L.I.F.E. @ JW 2022 (Secondary Four/Five) are as follows:
 - a. Day & Date: Tuesday, 04 January 2022 to Friday, 07 January 2022
 - b. Time & Venue: As indicated in Annex A
 - c. Attire: PE attire / School uniform
- 4. Please refer to **Annex A** for the schedule of programme. All activities carried out will adhere to Safe Management Measures (SMM) strictly.
- 5. Attendance for L.I.F.E@JW 2022 is compulsory. Any absence must be covered with a valid reason (e.g. Medical Certificate).
- 6. You may contact Ms Orry Zhang Zhihui, Year Head for Secondary Four/Five, at 6262 3593 (Ext 120) should you require further details or clarifications.
- 7. Thank you.

Yours singerely

Mr Yaw Kah Weng Teacher-In-Charge L.I.F.E. @ JW Ms Orry Zhang Zhihui Year Head

Secondary Four/Five

Annex A: L.I.F.E.@JW 2022 (Secondary Four/Five)

4 January 2022, Tuesday		
Time	Activity	Venue
0735 – 0800	Morning Assembly	
0800 - 0835	SMM Briefing	Individual Classrooms
0835 – 1020	Form Teachers Admin Time	
1020 – 1055	Recess	Canteen
1055 – 1130	Student Needs Survey	Individual Classrooms
1130 – 1240	Study Skills Workshop Part 1	
1240 – 1350	Form Teachers Admin Time	
	5 January 2022, Wednes	day
0800 - 0835	Morning Assembly	Individual Classrooms
0835 – 1020	Assembly Talks	Hall
1020 - 1055	Recess	Canteen
1055 – 1205	Study Skills Workshop Part 2	Individual Classrooms
1205 – 1315	Class VIA Planning	
1315 – 1350	Debrief for the day	
	6 January 2022, Thursd	<u> </u>
0735 – 0800	Morning Assembly	Individual Classrooms
0800 – 0910	Assembly Talks	Hall
0910 – 1020	Inter-Class Games	Various Sports Facilities
1020 – 1055	Recess	Canteen
1055 – 1315	Inter-Class Games	Various Sports Facilities
1315 – 1350	Debrief for the day	Individual Classrooms
	7 January 2022, Friday	<i>'</i>
0735 – 0800	Morning Assembly	Individual Classrooms
0800 - 0910	Preparation for EAE/DSA-JC Portfolio and SGC	Individual Classrooms
0910 - 0945	Assembly Talks	Hall
0945 – 1020	Form Teachers Admin Time	Individual Classrooms
1020 – 1055	Recess	Canteen
1055 – 1130	Inter-Class Games Prize Presentation	Individual Classrooms
1130 – 1240	Debrief for the day	

