



Parental Handouts for Secondary 3 Study Skills Workshop 2018

1. VAK Learning Style

Student would be introduced to the VAK Learning Styles. Being more aware of their learning styles helps to make their learning more effective and efficient. Generally, each student would have a preferred learning style.

- **Visual Learners (V)**
 - Prefers to learn through seeing and observing.
 - Diagrams, images and demonstrations are effective for learning and absorption of knowledge.
 - Colourful images helps to capture their attention.
- **Auditory Learners (A)**
 - Prefers to learn through listening and hearing.
 - Students should study in a quiet environment, as they are sensitive to sound.
 - Repeating their learning out loud would solidify their memory.
- **Kinesthetic Learners (K)**
 - Prefers to learn through physical experience (doing).
 - Learners should write notes and look for opportunities to move as they are memorizing.
 - Teaching another person on their studies would greatly help in their understanding.

2. Interview Skills and Etiquette

To help students to prepare for challenges in the real world, students are taught on basic interview skills and etiquette for school admission interviews and job interviews. The students have learnt about:

- **Interview Basics**
 - The difference between job and school admission interviews.
 - What the interviewers want to know about a candidate.
 - The importance of being relevant.
 - How to dress appropriately for interviews.



- **Interview Process**
 - Being on time and dos and don'ts when one approaches the interviewers' office.
 - Students get to be prepared for common questions that interviewers may ask.
 - How to handle unexpected situations in each interview.
 - How to leave the interview with grace and leave a good impression.
- **Exposure to Panel Interview and Group Interviews**
 - Students were taught on dos and don'ts in Panel and Group Interviews.

Suggested Follow-Up Actions for Parents:

1. Check with your child/ ward about their learning preference.
2. Encourage your child/ ward to use the relevant study techniques listed for their learning style.
3. Monitor their learning progress regularly.
4. Discuss with your child/ ward about their life aspirations and their goals in school.
5. Ensure your child/ ward has the appropriate dressing to help them make the best impression for the interview.
6. Prepare and rehearse with your child/ ward before they go for their interviews. Practicing would greatly improve their chances of performing well and reduce anxiety.